

5K Participant/Attendee Waiver and Release of Liability

In consideration of being permitted to participate in this event, I, the undersigned Participant/Attendee, intending to be legally bound, hereby waive, release, and discharge the Event Organizer, Event Director, sponsors, volunteers, officials, contractors, the hosting municipality, and all other persons or entities associated with this event (collectively, the “Released Parties”) from any and all claims, liabilities, damages, or causes of action arising out of or related to my participation in this event.

I acknowledge that participating in a road race involves inherent risks, including but not limited to: falls, contact with other participants, vehicles, or fixed objects, weather conditions, road conditions, and physical exertion that may result in serious injury, illness, or death. I knowingly and voluntarily assume all such risks, whether known or unknown.

I certify that I am physically able and sufficiently trained to participate in this event and have not been advised otherwise by a qualified medical professional. I agree to abide by all event rules and instructions and understand that event officials may remove me from participation if they determine it is in my best interest or for safety reasons.

I consent to receive medical treatment deemed necessary in the event of injury, accident, or illness during the event and understand that I am solely responsible for all costs related to such treatment.

“I further agree to INDEMNIFY, DEFEND, AND HOLD HARMLESS the Released Parties from any and all claims, liabilities, damages, or causes of action (including reasonable attorneys’ fees and costs) arising out of or related to my participation in the event, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASED PARTIES.

I agree to comply with all applicable public health guidelines, including any local, state, or federal recommendations in effect at the time of the event.

I grant permission to the Released Parties to use my name, image, voice, and likeness in photographs, video recordings, or other media for legitimate promotional purposes without compensation.

I understand that all registration fees are non-refundable, including in the event of cancellation, postponement, or modification of the event due to weather, emergency, or other conditions beyond the control of the organizers.

This waiver shall be governed by and construed in accordance with the laws of the State of North Carolina.

By registering for this event, I acknowledge that I have read, understood, and voluntarily agree to the terms of this waiver and release.

This Waiver and Release of Liability shall be binding upon my heirs, executors, administrators, successors, and assigns. If any provision of this Waiver is held invalid or unenforceable, the remainder shall continue in full force and effect. I understand that this Waiver is intended to be as broad and inclusive as permitted by North Carolina law.